

## Workshops offered on Thursday 27<sup>th</sup> April

### Room 5 (downstairs)

#### **The Circle Way - a Leader in every Chair**

##### **How to appreciate our selves.**

You are invited to experience how a few conversational rules and the image of a campfire can help us to create a deep intentional dialogue around any theme or question. What if we ourselves are the object of our own intentional speaking and listening?

#### **Cees Hoogendijk**

**Co-creator of Learning Organizations, OrgPanoptics and AI Academy,  
The Netherlands**

Cees Hoogendijk (1959) graduated in mathematics and physics. He is working on his PhD regarding 'organising freedom' using Appreciative Inquiry as a 'performative research method'. Cees has held leadership positions in HRD and OD. Since 2005, Cees has been an independent professional, co-creator of learning organisations, co-founder of the Dutch AI Academy, co-creator at Instituto IDeIA, part-time author, speaker and CFO (chief facilitating officer) of diversity and inclusion processes. [www.ceeshoogendijk.com](http://www.ceeshoogendijk.com)



## **Empowering our Sense of Self: the Inner Curriculum**

**Accessing our authentic Self and its potential power to be calm and compassionate, thereby contributing to a peaceful and loving world.**

The workshop will creatively explore how the power of unethical language produces a universal narrative which, when combined with reflective practices, empowers Self energy - the source of wisdom, love and peace.

### **Dr Neil Hawkes**

#### **Founder of Values-based Education (VbE), UK**

Neil currently works internationally to promote VbE throughout the world. Neil's career in the UK encompassed teaching and three headships. He spent seven years as Headteacher of West Kidlington School in Oxford. It was here that the school community worked together to devise and implement a unique system of Values-based Education that has been recognised internationally as the foundation of excellent school practice. Neil is well known as an inspirational speaker, broadcaster and writer. His latest book, 'From My Heart, transforming lives through values', is a celebration of the success of VbE worldwide.

[www.valuesbasededucation.com](http://www.valuesbasededucation.com)



### **Jane Hawkes**

#### **BSc MSc CTA UKCP Registered Psychotherapist, UK**

Jane Hawkes is a Trustee of the International Values Education Trust (IVET). She is an experienced and respected psychotherapist. For many years Jane worked as an innovative trainer and guidance counsellor, supporting disaffected young people. Jane actively supports the development of Values-based Education (VbE) worldwide. She has a successful psychotherapy practice and continues her professional development by studying the Internal Family System (IFS). Her particular academic and professional interests are focused on supporting both adults and children to understand the Inner Curriculum of thoughts, sensations, emotions and behaviours. As we compassionately open our hearts and minds to our internal world, it releases our sense of Self, which is essential when establishing a peaceful, loving world.



**Symphony Orchestra cellar** (entrance from outside)

## **Integrally CARE-ing for a World in Transition**

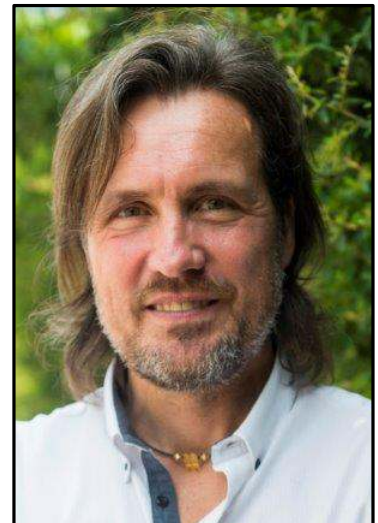
**Exploring and applying the Integral Worlds approach and its underlying CARE process to effect individual, organisational and societal transformation.**

Through practical cases from around the world, this workshop explores, together with all participants, the practice of the Integral Worlds approach as a pioneering integral perspective and 'whole life' perspective on the world – interconnecting individual, organisational, communal, societal and global transformation. It illustrates – through local applications – how this approach integrates and balances all dimensions of a human system: nature and community; culture and creativity; science, systems and technology; enterprise, economics and politics – with love and spirit at the centre. The workshop shares how the CARE-process, embedded in the Integral Worlds approach, serves as a motor to bring about holistic, locally-relevant and culturally-resonant solutions to burning issues of our time. Real-life case stories cover Africa, Middle East, India, South America and Europe. Finally, and most importantly, the workshop creates the space for participants to relate the integral CARE process back to their own context, exploring ways of application and co-creation.

### **Professor Alexander Schieffer**

**Co-Founder, Trans4m Center for Integral Development, UK**

Alexander Schieffer, Co-Founder of Trans4m Center for Integral Development, studied economics, business and social sciences at the University of St. Gallen, Switzerland. Co-originator of the Integral Worlds approach and Co-Founder of TRANS4M ([www.trans-4-m.com](http://www.trans-4-m.com)), a local-global movement of individual and organisational Change Agents, his passion lies in bringing about holistic transformation in the economic, social and cultural sphere. An engaged and dynamic professor, Alexander develops and teaches integral curricula in human development, organisational and societal transformation, and culturally and spiritually conscious leadership. His most recent book is 'Integral Development: Realising the Transformative Potential of Individuals, Organisations and Society' (2014). He is the Co-Editor of the Routledge 'Transformation and Innovation Series' and 'Integral Green Economy and Society Series'. A published poet, he lives in the French countryside, near Geneva, where he is building up a 'Home for Humanity' for human and cultural awakening, together with his wife, peace-builder and poet-performer Dr Rama Mani.



**Lower dining area**

## **Connecting your inner life and your role in civil society and democracy**

### **Fetzer Focus Group Conversation**

The Fetzer Institute hopes to hear your perspectives on building the spiritual foundation for a loving and peaceful world. Our efforts are grounded by a conviction that the connection between the inner life of spirit and outer life of service and action in the world holds the key to lasting change. From Brexit and Columbia to elections in the United States and Poland, the “world is in transition.” We are curious how you and your communities are feeling, being, and acting in this moment. In this interactive focus group, participants will respond to a series of questions and share their perspectives, hopes, and suggestions for civil society.

#### **Amy Lazarus**

**CEO of InclusionVentures, is based in San Francisco, CA and is dedicated to creating a world where everyone belongs.**



## **Heartfulness, Connectedness and Transformative Presence**

**Heartfulness meditation, creative practice and appreciative inquiry.  
Go within, practise and create a sacred space in which we can share.**

In today's world of rapid change, we need to be internally stable to live with the current uncertainty; for this it will help us to have clear thinking, awakened intuition and sharp decision-making, and to be able to care for our relationships as we construct our multiple realities together. Let us explore the power of our transformative presence and the power of images in decision-making; dreaming and designing to create together the world we want.

Creative meditation is a way to clarify the inner noises, to create clear thinking and sharp decision-making, to have concentration in our mind and determination in our actions. We will exercise Mindfulness and Heartfulness: understanding the multiple dimensions of practice.

This is a workshop to explore how social constructionism, Appreciative Inquiry and Heartfulness relate to each other with dialogues in which our relationships flourish to construct better realities for all of us.

### **Dr Miriam Subirana**

**Artist, Appreciative Inquiry coach and author, Spain**

Miriam has practised meditation and facilitated meditation groups for a long period of time. She holds a PhD in Fine Arts from Barcelona University. She is an international co-creator of Instituto IDEIA for Dialogue and Appreciative Inquiry, and Director of Yesouisi - International Space of Creativity, Spirituality and Coaching. Miriam is a Coach PCC - certified by the International Coach Federation, Appreciative Inquiry practitioner and an author. Her seminars combine the wisdom of Eastern thought with the practicality of emotional intelligence, Appreciative Inquiry and Art, creating sacred spaces in which each participant feels safe to open up. She has motivated hundreds of people to transform their life and open up to new possibilities that permit the realisation of one's own potential.

[www.institutoideia.es](http://www.institutoideia.es) [www.miriamsubirana.com](http://www.miriamsubirana.com) @miriamsubirana



## Composing Cultures of Care: Healing, not merely Fixing, what is Broken

As leaders and change-makers seeking to contribute toward a lasting transformation in the world, we find ourselves without a map, bravely navigating a wild, yet fertile, terrain while addressing calls for healing on a planetary scale. How might we better care for ourselves, for others, for core human values and for visions of a brighter more promising future? What qualities comprise the cultures of care that we can offer to and for a world in transition? How might we create and re-create vibrant cultures of care in the midst of divergent narratives and opposing worldviews? How do we attentively engage in our task as *healing*, not merely fixing, what is broken? And what might we learn through the arts, given how skilfully they contain the paradox of contrasting realms and interpretations. We will offer participants new entry points for their roles as caregivers to and for a world in transition. We hope to inspire a robust multi-sensory dialogue around aesthetics of care. We intend to evoke personal and collective experiences for growth in the midst of conflict, uncertainty and ambiguity. We aspire to reveal and engage the *inner* and the *outer* landscapes of the human experience, while also conjuring and exploring a *generative* landscape for caring that arises out of the 'living third'. We seek to reawaken confidence in 'making, as a way of knowing', a concept known in classical Greek as *poiesis*, the shaping of the self and the world through the creative act of making



### Jason Meek, Canada and USA

Jason Meek is a mediator, facilitator, lawyer, educator and artist, specialising in conflict transformation, human rights, adult learning and development, and leadership. Currently, he is appointed to the Mediation and Dialogue Facilitation Expert Roster for the Organisation for Security and Co-operation in Europe (OSCE), Vienna. Previously, he served as Mediator to the Organisation for

Economic Co-operation and Development (OECD), Paris. A practitioner scholar, he teaches professional skills courses in graduate programmes at Stanford Law, Berkeley Law and Royal Roads University, and serves as consultant to business, non-profit, governmental and multilateral organisations in stakeholder engagement and social innovation through participatory dialogue and intermodal arts. He is also a doctoral student at the European Graduate School.

### Dr Carrie Macleod, Canada

Carrie MacLeod is a scholar, practitioner and artist with 20+ years experience of facilitating dialogue, enhancing creativity, and inspiring fresh response through engagement with arts. Working world-wide with NGOs, humanitarian agencies, educational institutions, non-profit organisations and for-profit enterprises, she specialises in intermodal arts-based approaches in conflict transformation, peacebuilding, refugee and immigrant resettlement, community arts, curriculum design and experiential pedagogy, leadership development and social innovation. While at the University of British Columbia School of Law, she implemented and assessed several multi-year research projects funded by government grants that involved collaborations among diverse stakeholders and policy-makers through community arts. A doctoral candidate at the European Graduate School in Switzerland, Carrie is author of several published chapters in arts-based research and praxis, also co-editor of a ground-breaking book, 'The Choreography of Resolution – Dance, Movement and Neuroscience', recently published by the American Bar Association



### Tina Monberg, Denmark

Tina Monberg is a partner in mediation-center a/s and a reputable international public speaker. As the author of more than five books on new forms of relationships and co-operation, she has helped multiple organisations and companies to function successfully in the society of the future. Her books have been praised as being obligatory reading for executives. With her diverse

background as a mediator, lawyer and psychotherapist, she is able to inspire and show the way to a better world, where diversity is a constant and where co-operation is a must. In 2000, she established one of Denmark's leading firms specialising in conflicts and new ways of co-operation, by way of mediation and with a focus on human relations. Tina has also developed The Butterfly Effect, a new leadership concept that she describes in her latest book, 'Serve to Profit: Butterfly Leadership'.

### Sophie Vrolijk, The Netherlands

Sophie Vrolijk loves to smile, dance and participate at innovative projects around the globe. She has a passion for bringing people in contact with the wisdom of their body. Sophie loves to focus on empowering others and encouraging everyone to become authentic leaders. With an open and spontaneous way of enjoying life, she believes in making the impossible possible. In a playful way she likes to create experiences that add value and are easily transferable to daily life. Sophie (the oldest of four) went to Waldorf Education in The Hague, and studied Pedagogical Science and Dance at the University of Amsterdam. She has been working for the last nine years with different leadership / educational organisations in Europe, India, Africa, Australia and New Zealand. Currently, she serves on the organising team of the International Youth Initiative Program in Järna, Sweden.



## Diverse Perspectives, Multiple Expressions: Practices of Love and Respect

**Shared visions and daily practices for caring for ourselves, others and the environment.**

Our impulse for offering this exploratory workshop rests on our belief that tension between the needs and values of individuals is often a reflection of diverse perspectives that are unrecognised and/or unacknowledged. We want to highlight the universality of **what** we want to create together and explore the multiplicity of expressions of **how** we can live and love more harmoniously.

The proposed workshop is experiential and exploratory. Approximately one third of the time will be a group exploration of the diverse perspectives we bring to any situation; one third will consist of paired practices of listening and asking questions as expressions of love and caring; and the final one third will engage participants in a dialogue around expanding our perspectives for the sake of individual and group love and respect.

### Linda O'Toole

**Senior Fellow, Learning for Well-being Foundation, USA**

At an early age, Linda was fascinated by individual differences in people: specifically, their pacing, how they pay attention, their modes of storytelling, the amount of background information needed and so forth. This has been reflected in her life-long interest in noticing and describing the patterns through which people engage and process their inner and outer experiences. Linda's professional work – as a trainer and consultant in corporations, health care and education – has focused on how we understand and work with our individual patterns of processing for a sense of wholeness and well-being, allowing our essential life purpose to emerge.



### Luís Manuel Pinto

**Programme Manager, Learning for Well-being Foundation, Belgium**

Luís loves learning (and alliterations). He puts this love at the service of human development – individuals and organisations – as a facilitator and designer of educational programmes. His longstanding focus has been on exploring human contrasts: individual differences in identity, learning and communication processes, applied to participation and relationships, especially those between children and adults. Luís has an avid interest in theatre, movement and image which he uses as ways to explore different ways of knowing. Luís is part of the Learning for Well-being Foundation, and heads Strategy and Development for C.A.T.S. - Children as Actors Transforming Society.



## **Earth-Renewing Spiritual Practices**

**Sharing and learning about new and traditional forms of Earth restoration and renewal as spiritual practices in which all can participate.**

This workshop will provide a short introduction to the developing area of spiritual practices linked to restoration of soil, ecosystems and the living Earth processes. We will speak about some traditions, initiatives, approaches and examples that we know about and are involved with. We will invite participants to bring their own knowledge, practices and ideas for further developments from local-to-global.

### **Dr Jenneth Parker**

**Research Director, Schumacher Institute, UK**

Jenneth has a background in philosophy and in Education for Sustainability working with students from many global regions, and with NGOs and agencies such as UNESCO. She is now working with the Schumacher Institute to bring together issues of human and planetary care, and to deepen the engagement between values-based traditions of all kinds and Earth system science. She believes that knowledge, care and understanding can be the basis for an inspirational change to sharing planet Earth more equitably and with all life.



### **Dr Kristin Vala Ragnarsdottir**

**Professor of Sustainability Science, University of Iceland**

Vala has a background in Earth Sciences. Since the year 2000 she has engaged with a number of sustainability studies and teachings that relate to the development of sustainable communities, food security, soil restoration and sustainability, natural resource management, the wellbeing economy, and the adaptation to a new economic reality. She has taken part in a number of European Commission funded research projects, and advised the government of Bhutan and the UN on a new development paradigm as an important concept for the UN Sustainable Development Goals; she has also advised ministers and parliamentarians in Iceland on sustainability related issues. Vala teaches her students about the care needed for managing natural resources and discusses with them new thinking to find solutions for a sustainable future. She believes that we have the solutions for achieving Earth sustainability and equitable societies but that we all need to work together to achieve that goal.