

GUIDELINES

The Spirit of Humanity: Regional Forums

The Spirit of Humanity (SoH) Forum offers a global platform for leaders and change-makers seeking to contribute to a lasting transformation in the world. The Forum focuses on spirituality in leadership and in action and explores new forms of governance underpinned by care, respect, trust and dialogue. As humanity is moving towards a new paradigm based on spiritually inspired core human values of love, compassion and peacefulness, the Forum aspires to model the emergent new paradigm as it is unfolding.

Three international forums have taken place since 2012, hosted by the City of Reykjavik. Each SoH Forum aims to bring together those at the forefront of change to deeply reflect on new approaches that can engender greater harmony between peoples and between humanity and our planet. To explore what it means to lead and act from integrity, the essential question the Forum poses is *'How shall we be?'* rather than *'What can we do?'* Participants are encouraged to share, from the heart, journeys of inspiration, deeper meaning and purpose, and practical steps towards meeting the challenges of personal and social transformation. One of the purposes of the Forum is create and sustain a spiritual community amongst the participants so that they can continue to encourage, empower, inspire and nourish each other spiritually, deepen friendships and develop possible collaboration.

Regional Forums

Regional Forums are smaller events proposed and facilitated by SoH participants. Through regional forums we hope to spread the seeds of transformation more widely and share the SoH experiences with people who cannot be with us in Iceland. This would support the emergent spiritual community and enlarge the circles of spiritually inspired leaders in all fields of endeavour and cultural contexts.

Theme of the Regional Forums 2017 - 2019

The core concern of 2017 SoH Forum was *'Caring for a World in Transition'* and shall continue to be explored up until 2019. Regional forums would draw on the 2017 programme's key themes, including:

- ***Bringing Communities Together in Peace:*** From fear and separation towards love and wholeness
- ***Communities as Caretakers for our Common Home:*** Fostering compassion for each other and the planet
- ***Strengthening our Spiritual Foundation for a loving world:*** A new way of being for collective transformation

Practical Guidelines for Regional Forums:

- A. It is essential that the regional forum reflect the spirit and [ethos of the Spirit of Humanity Forum](#);
- B. It is necessary to integrate spiritual practices as part of the forum experiences;
- C. It is important to provide space for silent reflection, narrative sharing, and group dialogue;
- D. It is preferable to have an official welcome by a national or local government representative (eg President, Prime Minister, Member of Parliament, Mayor);
- E. It is desirable to have the following organisational features:
 - a) Two or more key areas to be explored out of governance/leadership, environment, education, healthcare or business;
 - b) At least one local artistic performance to be included;
 - c) Each region to be responsible for funding the Regional Forum. There is no registration fee and all costs are met by sponsors including venue, refreshments, reception and all programme activities. Generally participants are responsible for travel and accommodation as their commitment to sharing and learning through taking part in the Forum.
 - d) In the interest of helping our planet, any food provided to be vegetarian and locally sourced.

SoH Support to Regional Forums:

The SoH Secretariat would help with the development of the programme and provide experienced facilitators as appropriate. For each Local Forum, a member of the SoH's Executive Circle will take responsibility to make personal contact with the event organiser, to guide, share and support.