



# SPIRIT OF HUMANITY

4th Reykjavík FORUM

30 May -1 June 2019, Iceland

## Discovering Harmony in a World of Difference Spiritual resilience in practice

*PROGRAMME DRAFT– as of 5 December*

### **THURSDAY 30<sup>TH</sup> MAY:**

#### **HARMONY AND SUSTAINING PEACE**

**08.00**            **REGISTRATION**

**09:00**            **OPENING**

Music Performance

Prayers and Blessings

**09:30**            **WELCOME**

**10:15**            **KEY SHARING ON HARMONY**

**10.30**            **MEETING OF HEARTS & SOULS (GROUP DIALOGUE)**

**11.00**            **REFRESHMENT BREAK**

**11:30**            **PLENARY I: HARMONY AND SUSTAINING PEACE**

- a) How should we understand the notion of harmony in the light of UN's vision of Sustaining Peace?
- b) How might harmony inspire transformative practices of global governance?
- c) What are practical steps might global leaders adopt to inspire mutual trust, harmony and peace in the world?

**13:00**            **LUNCH BREAK**

**14:00**            **WORKSHOPS**

**15.15**            **REFRESHMENT BREAK**

**15:45**            **COLLECTIVE COMTEMPLATION + GROUP DIALOGUE**

## **FRIDAY 31<sup>ST</sup> MAY:**

### **HARMONY IN OURSELVES, COMMUNITIES, INSTITUTIONS AND NATIONS**

**08:30**                    **MEDITATION OFFERINGS**

**09:00**                    **REFLECTIONS ON THE PRIOR DAY & CULTURAL PERFORMANCE**

#### **09.30 PLENARY II: HARMONY WITHIN OURSELVES, OUR COMMUNITIES AND OUR INSTITUTIONS**

- a) What does harmony within ourselves mean & feel like? How might our inner harmony contribute to peacefulness in our communities and institutions?
- b) What practices might we foster to celebrate our difference and deepen the interconnectedness between peoples and communities?
- c) How might spiritual resilience help sustain generative relationships and harmony?

**11:00**                    **REFRESHMENT BREAK**

**11:45**                    **WORKSHOPS**

**13:00**                    **LUNCH BREAK**

#### **14:00**                    **PLENARY III: HARMONY AMONGST NATIONS**

- a) How can there be harmony between the diverse national interests at a global level?
- b) In what way might spirituality and human values help shift global political systems?
- c) What practical steps might civil society take to enhance harmony amongst nations?

**15:30**                    **REFRESHMENT BREAK**

**16:00-17:00**            **COLLECTIVE COMTEMPLATION & GROUP DIALOGUE**

**19:30 – 21:30**        **PUBLIC EVENT: SCREENING “THE MAN WHO BUILT PEACE”**

Conversation with **Imad Karam** and **Kelly Burks**, the film’s Director and Producer

## **SATURDAY 1<sup>ST</sup> JUNE:**

### **HARMONY ON OUR PLANET**

**08:30**                    **MEDITATION OFFERINGS**

**09:00**                    **REFLECTIONS ON THE PRIOR DAY & CULTURAL PERFORMANCE**

#### **09:30**                    **PLENARY IV: HARMONY ON THE PLANET**

- a) How does it feel when we live in harmony with nature? How might we achieve that?
- b) What can we do to take the practices of harmony to the economic, social and political dimensions of sustainable development?
- c) What else might we do to shift our consciousness from one of living at the expense of Nature to one of living in Harmony with Nature?

**11:00**                    **REFRESHMENTS BREAK**

**11:45**                    **COLLECTIVE COMTEMPLATION & GROUP DIALOGUE**

**13:00**                    **LUNCH BREAK**

**14:15**                    **A NEW OPENING**