

(RE)DISCOVERING HARMONY IN A WORLD OF DIFFERENCE

Spiritual Resilience in Practice

Thursday 30th May- Saturday 1st June 2019

Reykjavík, Iceland

THURSDAY 30TH MAY: HARMONY AND SUSTAINING PEACE

08:00 REGISTRATION

09:00 OPENING

Girl's Choir of Reykjavik and Aurora Young Women's Choir, conducted by **Margrét Pálmadóttir**

Prayers and Blessings

- **Sr Jayanti**, European Director, Brahma Kumaris
- **Hjörtur Magni Jóhannsson**, Pastor of Fríkirkjan í Reykjavík, Iceland

09:20 WORDS OF WELCOME

- **Katrín Jakobsdóttir**, the Prime Minister of Iceland
- **Gabriela Michetti**, the Vice President of Argentina
- **Jóhanna Vilhjálmsdóttir**, Director, Spirit of Humanity Forum
- Children of Iceland: **Hafrún Arna Jóhannsdóttir**, **Vésteinn Sigurgeirsson**, **Júlia Ósk Steinarsdóttir**.

09:45 EXPERIENCE OF HARMONY & MEETING OF HEARTS & SOULS

Facilitated by **Óttarr Proppé**, Musician, Entrepreneur, Former Icelandic MP; **Miriam Subirana**, Coach, Author, Artist

10:30 REFRESHMENT BREAK

11:00 PLENARY I: HARMONY AND SUSTAINING PEACE

- What is the relationship between harmony and Sustaining Peace?*
- How might the idea of harmony inspire values-based governance, from the local to the global?*
- What might leaders (at all levels) do to cultivate harmony and a culture of peace in the world?*

Introduced and moderated by **Scherito Gill**, Senior Fellow, GHFP Research Institute

Presenters:

- **Bob Boisture**, President & CEO, Fetzer Institute
- **Kenneth Gergen**, President & CEO, Taos Institute
- **Pia Hanson**, Director, Institute of International Affairs; Director, HÖFÐI Reykjavík Peace Centre, the Centre for Small States Studies and the Centre for Arctic Policy Studies

13:00 LUNCH BREAK

14:00 EXPERIENTIAL WORKSHOPS

15.30 REFRESHMENT BREAK

16:00 COLLECTIVE CONTEMPLATION + GROUP DIALOGUE

19.30 'The Man Who Built Peace'

Screening of the documentary with the director **Imad Karam** and the producer **Kelly Burks** Open event.

FRIDAY 31ST MAY: HARMONY IN OUR SELVES & COMMUNITIES, INSTITUTIONS & NATIONS

08:30 MEDITATION

09:00 ICELANDIC CULTURAL PERFORMANCE AND CHILDREN'S PRESENTATIONS

- Children's Choir of **Laugarnesskóli**
- Clarinet Group, Árbæjar- og Breiðholt School: **Emelía Sara Ásgeirsdóttir, Erna Þórey Sigurðardóttir, Halldóra Valdís Valdimarsdóttir, Óðinn Freysson, Soffía Kristín Jónsdóttir, Steinunn Mardís Atladóttir, Þórdís Erla Ólafsdóttir**, , conducted by **Gunnar Kristmannsson**
- Living in Harmony - **Aldís Lóa Benediktsdóttir, Brynjar Þormar, Felix Skafti Liljuson, Sóldís Erla Hjartardóttir**, Hólabrekkuskóli and Laugarnesskóli

Introduced by **Jóhanna Vilhjálmsdóttir**, Director, Spirit of Humanity Forum

09.30 PLENARY II: HARMONY WITHIN OURSELVES & IN OUR COMMUNITIES

- What does harmony within ourselves mean and feel like? How might inner harmony contribute to peacefulness in our communities?*
- What practices might we foster to appreciate our difference and deepen our interconnectedness?*
- How might spiritual resilience help sustain generative relationships and harmony?*

Introduced and moderated by **Mark Milton**, Founder & CEO, Education 4 Peace Foundation

Presenters:

- **Mary Gordon**, Founder / President, Roots of Empathy
- **Caroline Casey**, Founder & Visionary, Binc Global
- **Boris Cyrulnik**, Award-Winning Author, Doctor, Ethologist, Neurologist, and Psychiatrist
- **Imad Karam**, International Director, Initiatives of Change
- **Dina Shoman**, Founder & CEO, inHerQuests

11:15 REFRESHMENT BREAK

11:45 EXPERIENTIAL WORKSHOPS

13:15 LUNCH BREAK

14:15 PLENARY III: HARMONY AMONG NATIONS AND GLOBAL INSTITUTIONS

- How can there be harmony amongst the diverse national interests?*
- In what way might spirituality and human values help shift global political systems and transform international institutions?*
- What practical steps might civil societies and institutions take to enhance harmony amongst nations?*

Introduced and moderated by **Kurian Thomas**, Program Director, Fetzer Institute

Presenters:

- **Christiana Figueres**, Former Executive Secretary of the UN Convention on Climate Change
- **Mike Hardy**, Chairman, International Leadership Association; Founder. Executive Director, Centre for Trust, Peace and Social Relations, Coventry University
- **Katherine Marshall**, Senior Fellow, Berkley Center for Religion, Peace and World Affairs
- **Andrew Stone**, House of Lord, UK
- **Michael Wernstedt**, Founder, the Initiative; Board Member, Raoul Wallenberg Academy

16:00 REFRESHMENT BREAK

16:30 COLLECTIVE CONTEMPLATION + GROUP DIALOGUE

SATURDAY 1ST JUNE: HARMONY WITH NATURE

08:30 **MEDITATION**

09:00 **ICELANDIC CULTURAL PERFORMANCE AND YOUNG LEADERS PRESENTATION**

- **Monika Abendroth**, Harpist
- **Guðrún Eva Mínervudóttir**, Author

Introduced by **Jóhanna Vilhjálmsdóttir**, Director, Spirit of Humanity Forum

09:30 **PLENARY IV: HARMONY WITH NATURE**

- What does it feel like when we live in harmony with nature? How might we achieve that?*
- How might we apply the practices of harmony to the economic, social and political dimensions of sustainable development?*
- What else might we do to shift our way of being from living at the expense of Nature to living in harmony with Nature?*

Introduced and moderated by **Nicole Schwab**, Last Wild Places, National Geographic Society & Advisor to Education 4 Peace Foundation

Presenters:

- **Tomas Björkman**, Social Entrepreneur, Author, and Founder of the Oak Island Foundation, Stockholm
- **Thomas Bruhn**, Senior Research Associate, Institute for Advanced Sustainability Studies, Potsdam
- **Halldóra Geirharðsdóttir**, Icelandic Actress, Director, Author; Professor, Icelandic University of the Arts
- **Sr Jayanti**, European Director, Brahma Kumaris
- **Hellen Mugo**, CYNESA- Catholic Youth Network for Environmental Sustainability in Africa

11:15 **REFRESHMENTS BREAK**

11:45 **COLLECTIVE CONTEMPLATION + GROUP DIALOGUE**

13:00 **LUNCH BREAK**

14:00 **PLENARY V: A NEW OPENING**

- Taking the Forum as a whole, what has been most meaningful for me/us at this time?*
- In what ways have my/our awareness and practices been challenged and expanded?*
- What might be the contribution of the Forum to the world?*

Introduced and moderated by **Maureen Goodman**, BK World Spiritual University & **Óttarr Proppé**, Musician, Entrepreneur, Former Icelandic Minister of Health;

Intergenerational Dialogue

Chaired by: **Mashekoe Thato Liemo Likoti**, Senior Soil and Water Conservation Officer, Ministry of Range, Forestry Range and Soil Conservation, Department of Conservation, The GIS Unit, Lesotho

Presenters:

- **Ndapile Bwanausi Kabuye**, Research Assistant, Environmental Management Department, Lilongwe University of Agriculture and Natural Resources, Malawi
- **Marta Magnúsdóttir**, Chief Scout of Iceland
- **Anne Bahr Thompson**, Managing Director, Philanthropy, Synergos

Music Offering:

- **Ragnheiður Gröndal**, singer
- **Herdís Anna Jónsdóttir**, violist
- **Steeff van Oosterhout**, percussionist